

# Utah Influenza Report

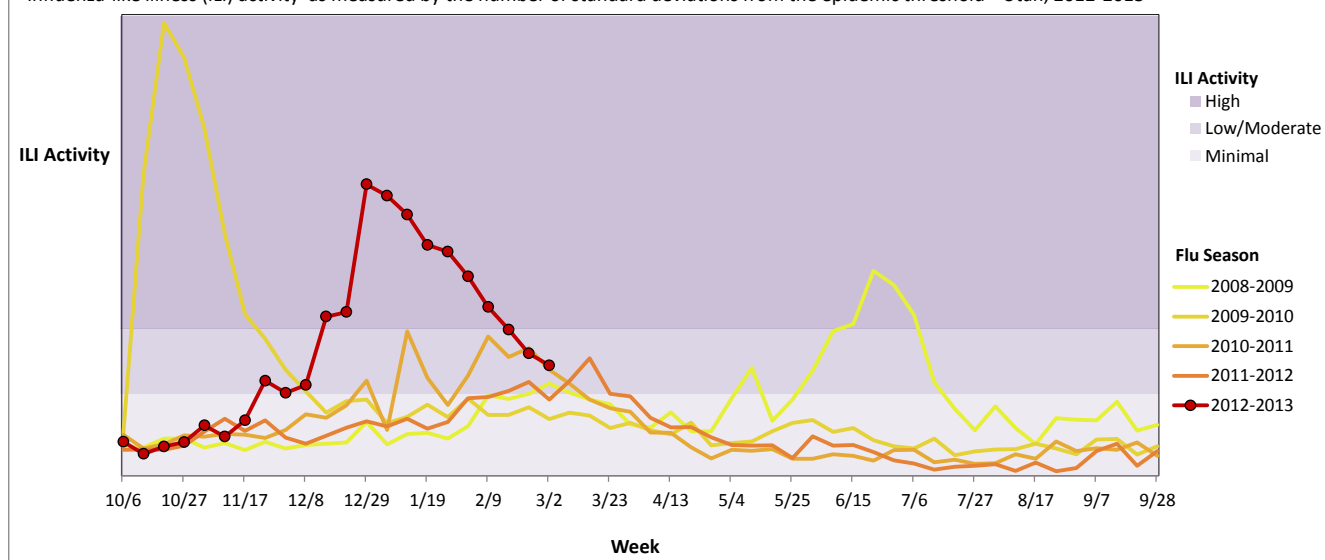
This report contains data through the week ending 03/02/2013 (MMWR week 09).

Overview of Influenza Surveillance: Surveillance for the 2012-2013 influenza season officially began on September 30, 2012. The Utah Department of Health publishes a weekly report throughout the active influenza season that synthesizes data from a variety of sources to give the most complete and up-to-date picture of influenza activity in the state of Utah. Data in this report should be considered provisional, and may change as more complete reports are received.

**Influenza-like Illness (ILI):** The U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet) is a national system that conducts surveillance for influenza-like illness (ILI) in outpatient healthcare facilities. ILINet providers report weekly the total number of patients seen for any reason and the number of patients seen with ILI (defined as a fever  $\geq 100^{\circ}$  F and a cough or sore throat). These data are used to determine the amount of ILI circulating in the community, as well as provide insight into regional differences in ILI activity. Currently, more than 50 facilities throughout Utah participate in ILINet.

**Figure 1. Weekly Influenza-like Illness Activity**

Influenza-like illness (ILI) activity as measured by the number of standard deviations from the epidemic threshold - Utah, 2012-2013



**Table 1. Influenza-like Illness (ILI) Activity Levels by Health District - Utah, Current Week**

Health District	ILI Activity
Bear River	Minimal
Central	Minimal
Davis	Minimal
Salt Lake	Low/Moderate
Southeastern	No Data
Southwest	Low/Moderate
Summit	Minimal
Tooele	Minimal
TriCounty	No Data
Utah	Low/Moderate
Wasatch	Minimal
Weber-Morgan	Minimal
<b>State</b>	<b>Low/Moderate</b>

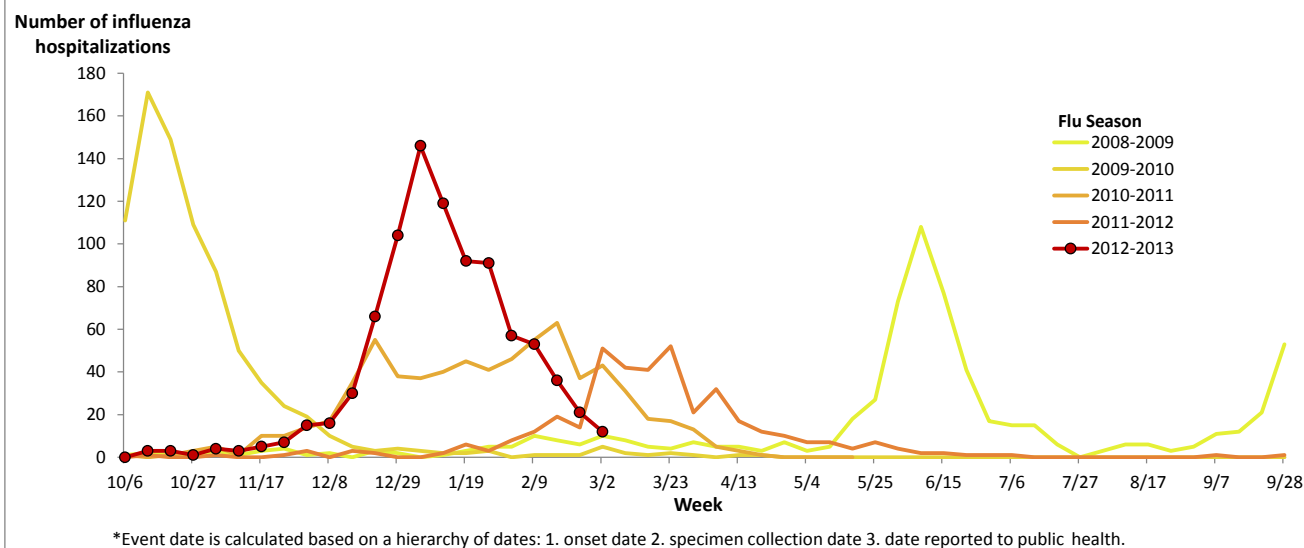
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**Influenza Hospitalizations:** Influenza hospitalizations are a reportable condition in Utah. A person meets the case definition for an influenza hospitalization if they are hospitalized for any length of time and have an influenza positive serology, DFA, PCR, or culture test (confirmed case) or a positive rapid influenza diagnostic test (probable case). Public health in Utah gathers a variety of data on influenza hospitalizations including clinical features, course of illness, risk and protective factors, and influenza type and subtype. Data from influenza hospitalizations allows public health in Utah to better understand subgroups of the Utah population that are most severely effected by influenza and help to guide prevention messages and interventions.

**Figure 2. Influenza Hospitalizations**

Number of influenza hospitalizations by event date\* - Utah, 2012-2013



**Table 2. Influenza Hospitalizations by Case Status - Utah**

Case Status	Current Week		Season To Date	
	Total	% of Cases	Total	% of Cases
Confirmed	11	91.7	833	94.2
Probable	1	8.3	51	5.8
<b>Total</b>	<b>12</b>	<b>100.0</b>	<b>884</b>	<b>100.0</b>

**Table 3. Influenza Hospitalizations by Health District - Utah**

Health District	Current Week	Season To Date
Bear River	0	44
Central	1	37
Davis	1	69
Salt Lake	3	399
Southeastern	0	3
Southwest	4	96
Summit	0	15
Tooele	0	4
TriCounty	0	13
Utah	2	137
Wasatch	0	3
Weber-Morgan	1	64
<b>State</b>	<b>12</b>	<b>884</b>

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**Table 4. Influenza Hospitalizations by Age Group - Utah, Season To Date**

Age Group	Total Cases	% of Cases	Rate*
0-4	178	20.1	65.77
5-24	118	13.3	12.47
25-49	111	12.6	11.19
50-64	121	13.7	30.21
65+	356	40.3	144.14
<b>Total</b>	<b>884</b>	<b>100.0</b>	<b>30.95</b>

\*Rate is calculated as the number of cases per 100,000 population

**Table 5. Influenza Hospitalizations by Sex and Race - Utah, Season To Date**

Variable	Num. of Cases	% of Cases	% in Utah Pop	p value*
Sex				
Male	430	48.6	50.3	0.3237
Female	454	51.4	49.7	0.3237
Unknown	0	0.0	NA	--
Race				
White, Not Hispanic	713	80.7	82.0	0.2841
Hispanic	107	12.1	11.6	0.6311
Native Hawaiian/Pacific Islander	34	3.8	0.7	<0.0001
Black/African American	10	1.1	0.9	0.5393
American Indian	2	0.2	1.1	0.0109
Asian	18	2.0	1.9	0.7135
Unknown	0	0.0	NA	--

\*If a p value is  $\leq 0.05$ , there is a significant difference between the percentage seen in influenza hospitalizations and the general Utah population.

**Table 6. Summary Data for Influenza Hospitalizations - Utah, Season To Date**

Variable	Yes		No		Unknown	
	Total	% of Cases	Total	% of Cases	Total	% of Cases
ICU	125	14.1	664	75.1	95	10.7
Ventilator	49	5.5	744	84.2	91	10.3
Died	27	3.1	758	85.7	99	11.2
Neurological Symptoms	94	10.6	688	77.8	102	11.5
Healthcare Worker	6	0.7	495	56.0	383	43.3
Pregnant	28	3.2	796	90.0	60	6.8
Heart Disorder	264	29.9	526	59.5	94	10.6
Blood Disorder	17	1.9	770	87.1	97	11.0
Kidney Disorder	81	9.2	707	80.0	96	10.9
Metabolic Disorder	211	23.9	579	65.5	94	10.6
Chronic Respiratory Disorder	252	28.5	540	61.1	92	10.4
Immunosuppressed	82	9.3	703	79.5	99	11.2
Neurological Disorder	94	10.6	688	77.8	102	11.5
Seizure Disorder	29	3.3	760	86.0	95	10.7
Bacterial Co-infection	12	1.4	774	87.6	98	11.1
Obese*	112	19.1	182	31.0	293	49.9
Morbidly Obese*	22	3.7	272	46.3	293	49.9
Risk Factor†	808	91.4	76	8.6	0	0.0
Vaccinated	272	30.8	339	38.3	273	30.9

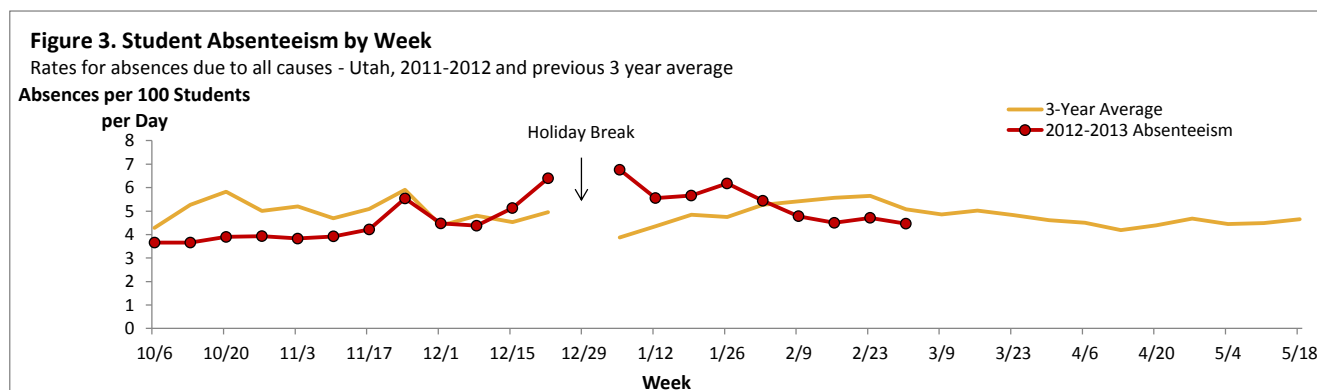
\*Obesity and morbid obesity is not considered for individuals under 18 years or pregnant women. Thus total counts will not equal the total number of influenza-associated hospitalizations

†Risk factors for influenza include: persons < 5 years, persons  $\geq 65$  years, pregnant women, and persons with a chronic medical condition.

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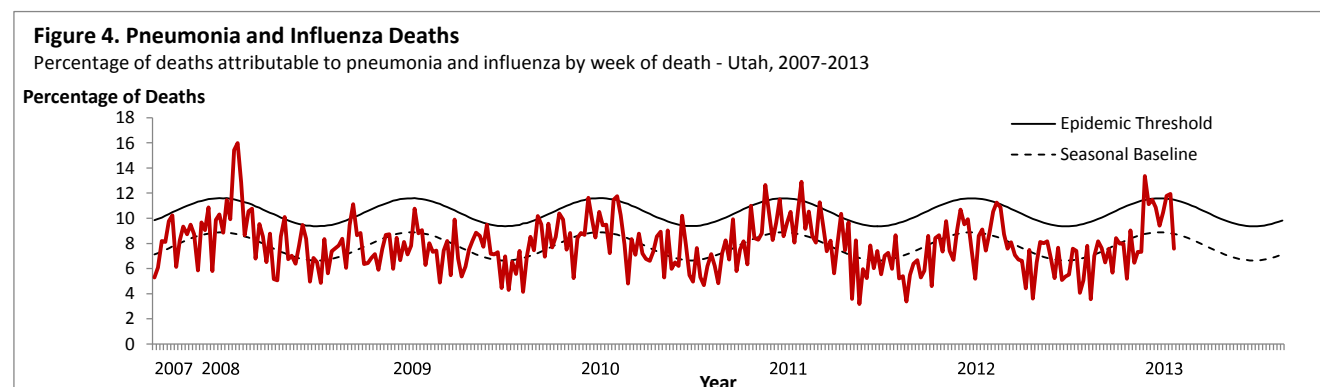
**Student Absenteeism:** School-age children are at high risk for respiratory virus infections, including influenza. Aggregate, all-cause absenteeism data is collected weekly from over 350 schools throughout Utah. These data are analyzed to identify elevated absenteeism rates that could indicate the circulation of influenza in school-age children.



**Table 7. Weekly Student Absenteeism - Utah, Current Week**

Health District	Absences per 100 students/day
Bear River	4.0
Central	7.5
Davis	4.1
Salt Lake	4.2
Southeast	6.0
Southwest	5.4
Summit	5.8
Tooele	5.4
TriCounty	5.0
Utah	2.2
Wasatch	4.3
Weber-Morgan	4.9
<b>State</b>	<b>4.5</b>

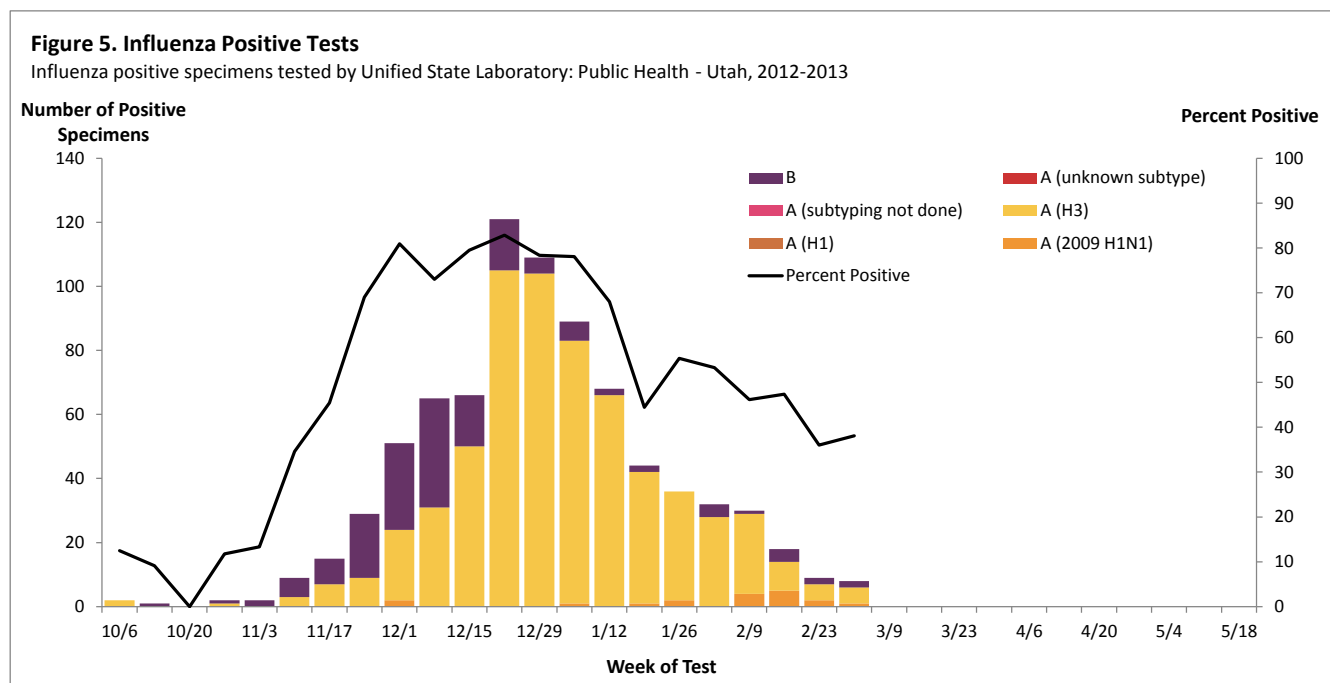
**Pneumonia and Influenza Deaths:** Each week the total number of death certificates received and the number of those for which pneumonia or influenza was listed as an underlying or contributing cause of death is collected. The percentage of deaths due to pneumonia and influenza are compared with a seasonal baseline and epidemic threshold value calculated for each week. These data are used to monitor the severity of influenza illness in the community.



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**Laboratory Surveillance: The Unified State Laboratory: Public Health** receives specimens from all over the state for comprehensive influenza testing. All specimens are tested to determine influenza type and subtype. A portion of specimens are also sent to the Centers for Disease Control and Prevention for additional testing, including gene sequencing, antiviral resistance testing and antigenic characterization.



**Table 8. Unified State Laboratory: Public Health Influenza Testing Data**

	Current Week		Season To Date	
	Total	Percent	Total	Percent
Specimens tested	21	--	1,276	--
Positive specimens	8	38.1	806	63.2
<b>Positive Specimens by Type/Subtype</b>				
Influenza A	6	75.0	647	80.3
A (2009 H1N1)	1	16.7	18	2.8
A (H1)	0	0.0	0	0.0
A (H3)	5	83.3	629	97.2
A (subtyping not performed)	0	0.0	0	0.0
A (unable to subtype)	0	0.0	0	0.0
Influenza B	2	25.0	159	19.7